

Final Report on the
7th World Congress of Psycho-Oncology

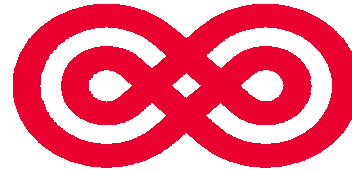
by
President of IPOS
Christoffer Johansen, MD, DMSc, PhD



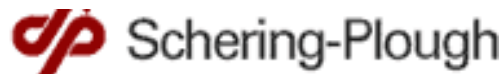
The Danish Cancer Society, Institute of Cancer Epidemiology

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Many thanks to our Congress Sponsors



The Danish Cancer Society



IPOS 7th World Congress 25 to 28 August 2004 in Copenhagen, Denmark

Report to the IPOS Board of Directors, commercial and noncommercial supporters

By

Christoffer Johansen MD, DMSc, PhD

It was our intention, in the name of the International Psycho-Oncology Society (IPOS), to organise a true international congress, which would be attended by multiple professions within the clinical psychosocial treatment of cancer patients and individuals working as scientists in this research area. We organised a program with this broad perspective and focused on:

- A pre-conference Psychosocial Academy offering one or two day courses within eight different areas;
- The ability to invite delegates from developing countries;
- A scientific program that illustrated the cultural diversity in psychosocial oncology;
- The priority of posters as a scientific presentation by giving two poster prizes and by including a more thorough and open discussion of a number of posters;
- The presentation of the political decision to work for the recognition of IPOS as a Non Governmental Organization (NGO) associated with the World Health Organization (WHO);
- The engagement of pharmaceutical companies and public funds in establishing a solid economic foundation for the congress; and
- A completely electronic communication platform for all activities related to the congress.

The 7th World Congress of IPOS marked the 20th anniversary of the organization, and by a number of measures, the congress was a success. In the following we will briefly touch some of the subjects mentioned above. It was with satisfaction that we could welcome 507 delegates from 52 countries.

Psychosocial Academy

A total of 155 delegates registered for one or more of the nine courses, for which registration was offered over the internet in the months prior to the congress. Initially, 15 courses were offered, but only 9 were conducted (those with more than 10 delegates registered). The teachers were recruited from among members of IPOS, clinicians and/or scientists who had published scientific work within psychosocial oncology, and invited speakers. IPOS offered an honorarium to teachers and reimbursed expenses related to the additional accommodation. The following program was offered.

Monday 23 and Tuesday 24 August

Workshop 1 – 2 cancelled

Workshop 3: How to design, conduct and analyse psychosocial studies

Chairs:

Jørn Olsen, Professor, Institute for Epidemiology and Social Medicine, University of Aarhus, Denmark

Marianne Ewerts, Professor Department of Oncology, Aalborg University Hospital, Denmark

Christoffer Johansen, MD, DMSc, PhD, Head of Department of Psychosocial Cancer Research, The Institute of Cancer Epidemiology, Danish Cancer Society, Copenhagen, Denmark

Birthe Lykke Thomsen, MSc, Statistics, Senior Statistician, The Institute of Cancer Epidemiology, Danish Cancer Society, Copenhagen, Denmark

Corina Bergelt, MSc Psychology, PhD, The Institute of Cancer Epidemiology Danish Cancer Society, Copenhagen, Denmark

Monday 23 August

Workshop 4: Psychosocial intervention with couples with cancer

Chair:

Lea Baider, PhD, Professor, Department of Clinical Oncology and Radiotherapy, Hadassah University Hospital, Jerusalem, Israel

Tuesday 24 August

Workshop 5: Rehabilitation of Cancer patients

Chair:

Bernadine Pinto, Associate Professor, The Miriam Hospital, Brown University, Lifespan Academic Medical Center, Centers for Behavioral and Preventive Medicine, USA

Lis Adamsen, Associate Professor, MSc, PhD. Head of Research, The University Hospitals Centre for Research in Nursing and Care, Rigshospitalet, Copenhagen, Denmark

Helle Ploug Hansen, Associate Professor, MSc, PhD, University of Odense, Denmark

Anne Nissen, MSc, Head of Department for Psychosocial Support, Danish Cancer Society, Copenhagen, Denmark

Charlotte Phister, NS, Head of Rehabilitation Centre Dallund, Danish Cancer Society, Funen, Denmark

Workshop 6: Cognitive Behavioural Intervention with cancer patients

Chair:

Maggie Watson, MSc, PhD, Head Department of Psychological Medicine, Royal Marsden Hospital, UK

Workshop 7 – 8 cancelled

Workshop 9: Childhood cancer

Chair:

Christine Eiser, Professor, Department of Psychology, University of Sheffield, UK

Wednesday 25 August

Workshop 11: Genetic counselling

Chair:

David Wellisch, PhD, Professor-in-Residence, UCLA Neuropsychiatric Institute, Department of Psychiatry and Biobehavioral Sciences, Los Angeles, California USA

Joyce L. Seldon, MS, CGC, Genetic Counsellor, UCLA Jonsson Comprehensive Cancer Center, Division of Cancer Prevention and Control Research, Los Angeles, California USA

Workshop 12: Supervision

Chair:

Jimmie Holland, MD, Attending Psychiatrist, Psychiatry & Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, New York, USA

Marguerite Lederberg, MD, Supervisor of Psychotherapy, Psychiatry & Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, New York, USA

Workshop 13: Palliative Care

Chair:

William Breitbart, MD, Chief, Psychiatry Service, Memorial Sloan-Kettering Cancer Center, New York, New York, USA

Steven D. Passik, PhD, Head, Psycho-Oncology and Palliative Care Program, Markey Cancer Center, University of Kentucky, Lexington, Kentucky, USA

Workshop 14 cancelled

Workshop 15: Cancer patients as parents: Child-centred preventive intervention for families

Chair:

Miriam Haagen, MD, Pediatrician, Psychodynamic Child and Adolescent Psychotherapist and Psychoanalytic Family Therapist, University Hospital Hamburg-Eppendorf, Germany

Florence Schmitt, MA, Sociologist and Family Therapist, Child Psychiatry Clinic, Turku University Hospital, Finland

The following are the evaluations of all workshops conducted during the Psychosocial Academy. The answers to the questions was given at a five point scale where 1 represents 'Not at all', 3 represents 'Somewhat' and 5 represents 'Very much'. The score in each table below is an average of the ratings received from respondents of the questionnaire. The range represents the highest and lowest scores.

	Workshop 3 14 answers of 22 possible		Workshop 4 11 answers of 20 possible		Workshop 5 6 answers of 14 possible	
	Score	Range	Score	Range	Score	Range
Was the content interesting?	3.64	2-5	4.55	1-5	4.67	4-5
Was the content useful?	3.71	2-5	4.64	3-5	4.33	3-5
Was the teaching well-structured?	3.93	2-5	4.55	2-5	4.50	3-5
Was the presentation satisfactory?	3.57	3-5	4.36	2-5	4.33	3-5
Were the notes useful and relevant?	3.80	3-5	Not relevant		4.67	4-5

	Workshop 6 13 answers of 16 possible		Workshop 9 9 answers of 11 possible		Workshop 11 12 answers of 19 possible	
	Score	Range	Score	Range	Score	Range
Was the content interesting?	4.46	4-5	4.44	3-5	4.92	4-5
Was the content useful?	4.23	3-5	4.53	3-5	4.75	4-5
Was the teaching well-structured?	4.62	4-5	4.56	4-5	4.83	4-5
Was the presentation satisfactory?	4.54	4-5	4.44	4-5	4.67	4-5
Were the notes useful and relevant?	4.54	4-5	4.22	3-5	4.83	4-5

	Workshop 12 18 answers of 22 possible		Workshop 13 14 out of 20 possible		Workshop 15 16 answers of 24 possible	
	Score	Range	Score	Range	Score	Range
Was the content interesting?	4.83	4-5	4.79	4-5	4.63	2-5
Was the content useful?	4.56	3-5	4.79	3-5	4.19	2-5
Was the teaching well-structured?	4.67	2-5	4.64	3-5	4.38	3-5
Was the presentation satisfactory?	4.72	3-5	4.64	4-5	4.00	1-5
Were the notes useful and relevant?	4.78	4-5	4.57	3-5	3.44	2-5

Delegates from developing countries

We decided to give this issue a very high priority in order to enable researchers and clinicians from developing countries to meet the international organization and to bring information from their countries to our forum. We were able to sponsor nine full grants, which covered roundtrip economy class airfare, local Danish transport, hostel accommodation and per diem, as well as full congress attendance, including congress fee, lunches, refreshments and Congress Gala Dinner. These grants were given to five researchers from India and to one each from Iran, Syria, Brazil and Ecuador. Four additional grants covered local Danish transport, hotel accommodation and per diem as well as full

Congress attendance, including congress fee, lunches, refreshments and Congress Gala Dinner. These grants were given to two researchers from Latvia, one from Lithuania and one from Serbia.

In total, approximately 25,000 Euros were used for these 13 grants.

The scientific program

Main themes and lectures are presented at the end of this report. We would like to stress that for the first time all abstracts were circulated in an anonymous review. In addition it was the general impression that the scientific level is improving when retrospectively looking back on the previous world congresses.

The website

The Organising Committee organised a website, www.ipos2004.dk, which was the instrument for registration, hotel accommodation and reservations of sight seeing tours. This procedure was not without difficulties, but in general it worked well and to the satisfaction of delegates and the organising committee. We have received much praise for the website due to the organization and clarity, and we have transferred all relevant files to the organising committee of the next world congress in Venice.

Social life

The social life during the congress counted an informal welcome reception including a jazz band, an opening ceremony with artists singing Danish songs, a welcome reception hosted by the Mayor of Copenhagen at the City hall of Copenhagen, a Speakers Dinner, a Congress Dinner at the famous Langelinie Pavillion close to the Little Mermaid, with entertainment and dance, and a closing ceremony where delegates were entertained by the Papaya South African inspired singers.

Limitations

The site of venue, which was some distance from Copenhagen center, caused some problems, and the access was a bit difficult due to unexpected roadwork by taxi and bus. In addition we had some problems due to ongoing construction on the site including an ongoing renovation of the canteen. The number of participants was lower (n=507) than expected (n=650) and, in addition, a relatively high number of participants claimed to fulfil criteria for a reduced fee.

Advantages and success

The overall impression of the congress was that we established a success due to the more international content of the program and the close linkage between scientific and political themes in the area of psychosocial oncology. We succeeded in establishing funding for inviting delegates from the developing world, organised the first Psychosocial Academy in the name of IPOS and integrated presentations from WHO in the congress program. An Internet Café was established. The program allowed for many poster presentations and an introduction to these posters in the Plenary Session dedicated to this subject.

We were very pleased to be supported by several pharmaceutical companies, the national research foundations and the Danish Cancer Society.

In the broad perspective and in the light of the previous six World Congresses of IPOS, this 7th World Congress in Copenhagen represented major steps forward in our intention to achieve the position of being *the* global organization that leads the struggle for the implementation of psychosocial services in the overall treatment of cancer patients, develops the research skills of researchers in this area and develops a true international organization that reflects the cultural, scientific and clinical diversity of psychosocial oncology.

Christoffer Johansen, MD, DMSc, PhD
Copenhagen, Denmark
November 2004

THE DANISH CANCER SOCIETY
Institute for Epidemiological Cancer Research
7th World Congress of Psycho-Oncology
Copenhagen 25 - 28 August 2004
KB bev.nr. : 53 223 411

Accounts	Income (Euro unless noted)	Expense (Euro unless noted)
Registration fee ⁱ	186 255	
AstraZeneca A/S	3 360	
Aventis (Non-monetary contribution)	0	
Bristol Myers Squibb Denmark	13 441	
The Danish Cancer Society ⁱⁱ	2 305	
Danish Natural Science Research Council	4 032	
Danish Research Council for the Humanities	6 720	
Eli Lilly and Company	10,000 US	
GlaxoSmithKline	10,000 US	
Janssen-Cilag A/S	1 344	
Lance Armstrong Foundation	10,000 US	
Leo Pharma A/S	2 016	
Novartis Denmark A/S	13 441	
Roche A/S	2 688	
Schering-Plough A/S	6 720	
Scoula Europea Di Oncologia	7 498	
TOTAL (not including US dollars)	<u>249 820</u>	
Congress bureau ⁱⁱⁱ		23 723
Missing payment ^{iv}		484
Exchange fee ^v		628
Internet ^{vi}		12 008
Travel invited ^{vii}		33 168
Venue ^{viii}		12 563
AV-equipment ^{ix}		27 131
Material ^x		40 153
Abstract book ^{xi}		9 232
Transport guest ^{xii}		5 598
Hotel ^{xiii}		24 364
Lunch and coffee ^{xiv}		49 037
Congress dinner ^{xv}		21 840
Invited speakers dinner ^{xvi}		6 753
Fees for invited ^{xvii}		17 484
Students salary ^{xviii}		14 648
Travel		911
IPOS Headquarters ^{xix}		30,000 US
TOTAL (not including US dollars)		<u>299 725</u>

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Total Income (Euro)	249 820
Total Income (US)	30,000
Total Expenses (Euro)	299 725
Total Expenses (US)	30,000
Total Deficit (Euro) ^{xx}	<u>49 905</u>

ⁱ Congress fee

Early registration 325 Euro (IPOS members), 400 Euro (Non-members)

Late registration 400 Euro (IPOS members), 475 Euro (Non-members)

Student rate 250 Euro

Day registration 125 Euro (IPOS members), 150 Euro (Non-members)

ⁱⁱ Payment for an arrangement organized by the Danish Cancer Society for patients during the congress.

ⁱⁱⁱ For arranging the practical duties in connection with hotel booking, questions about Copenhagen and social activities, we hired a congress bureau. The price was 42 Euro per paying participant.

^{iv} A few persons attended the congress without paying the full price.

^v Most expenses were held in DKK, but income was in US Dollar or Euro.

^{vi} For registration, submitting of abstracts and information about the congress we constructed a homepage. The price includes establishment, maintenance and congress logo.

^{vii} Flight tickets and transport in Copenhagen was paid to the invited speakers and delegates invited from developing countries.

^{viii} The congress site covered an auditorium for 600 people, a hall for poster presentations, an internet café and 10 rooms for the symposia. In addition there was a marquee for lunch and coffee.

^{ix} The AV-equipment included laptops and projectors in each room, lights in the auditorium and poster hall, microphones and sound in the auditorium, internet café and support from staff.

^x This item covers transport and acquisition of flowers in all rooms, banners with IPOS logo on, music for the opening and closing ceremony, gifts for the invited speakers, bags for the congress delegates, extra chairs, programs and t-shirts for the staff.

^{xi} The abstract book was published by Wiley as a supplement to Psycho-Oncology.

^{xii} All delegates were transported from the congress site to for a reception at the City Hall of Copenhagen.

^{xiii} The invited speakers, the delegates invited from developing countries and the organizing committee were offered hotels in Copenhagen during the congress.

^{xiv} Included in the congress fee was the opening reception and lunch and coffee/ tea during the congress.

^{xv} All delegates were offered the possibility to participate in a congress dinner at the Langelinje Pavillon.

^{xvi} For the invited speakers we arranged a dinner at Kong Hans.

^{xvii} The invited speakers were offered free participation in the congress and a minor salary for their talk.

^{xviii} During the congress there were 10 students hired to help with all the practical matters at the site, at the social arrangements and helping with questions about Copenhagen, transport, etc.

^{xix} IPOS Headquarters fee for service and utilization of the IPOS logo

^{xx} The Danish Cancer Society will cover this deficit.

7th World Congress Final Report

Number of Total Congress Registrants:

- 182 IPOS Members
- 381 Nonmembers

Number of Total Congress Attendees (Registrants minus no-shows):

- 171 IPOS Members
- 336 Nonmembers

Number of Registrants for Preconference Trainings:

- 39 IPOS Members
- 92 Nonmembers
- 24 Number in largest workshop

Number of Total Preconference Attendees (Registrants minus no-shows):

- 37 IPOS Members
- 80 Nonmembers

Number of special Event Registrants (Friday Dinner): 250

Final Hotel Pick-ups:

- Monday 23. August: 43
- Tuesday 24. August: 95
- Wednesday 25. August: 193
- Thursday 26. August: 194
- Friday 27. August: 188
- Saturday 28. August: 102
- Sunday 29. August: 7

Number of Abstracts Received: 487

Number of Abstracts Accepted for Podium: 210

Number of Abstracts Accepted for Poster: 277